

Newsletter

Fall 2014, Volume 1, Issue 1

Delta Kappa Lambda



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MFTs have gone Greek!

*We have officially transferred to
Delta Kappa Lambda!*



2014-2015 Board Member Induction Ceremony



We are extremely excited to announce the Grand Opening of the **Delta Kappa Lambda** chapter of The International Marriage and Family Therapy Honor Society. The former UA MFT organization SAMFC/T has transitioned into Delta Kappa Lambda, however, the wonderful work that the organization had been doing will continue. In fact, being a part of the international honor society will afford our program more opportunities for networking with other chapters, and it will give us more visibility and credibility in our local community.

To this end, our chapter will be able to collaborate with the current ten chapters on events, board members will gain access to guidance from more experienced chapters, and members will be able to network with other chapter members. Such collaboration potential will help our chapter grow, but more importantly, it will help our members and all MFT students to grow and contribute to our field.

Delta Kappa Lambda for life! The membership in the honors society is for life. Therefore, members will have the same opportunities for networking throughout their careers. Membership is open not just for students, but professionals as well. Because it is an honors society, the requirements are a bit more stringent, however MFTs are invited to participate in DKL activities if they are not yet eligible for membership.

It has been an exciting transition and we invite you to be a part of it!

Ulia Fisher,
Delta Kappa Lambda President

Chapter Board Members

Faculty Advisor:
Dr. Karin Jordan

President:
Ulia Fisher

President Elect:
Megan Vitek

Past President:
Katie Wooton

Secretary:
Noelle Chapelle-Zamudio

Community Involvement:
Molly McDowell-Burns
Committee:
Amanda Stanley

Treasurer:
Symphonie Smith

Historian:
Michael Pennington

Membership & Mentorship:
Amber Fensler
Committee:
Kay Metzler
Zen Davis

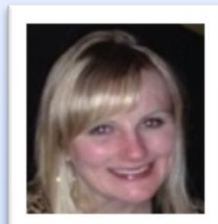
Meet the 2014-2015 DKL board



President:

Ulia Fisher, MFT PC-CR
jf46@zips.ukron.edu

I am currently pursuing my PhD in Counselor Education and Supervision: MFT/C track. I received my Master's in MFT from UA, as well. I enjoy clinical and research work. My research interests include diverse populations and family violence, with a focus on effects of immigration and acculturation.



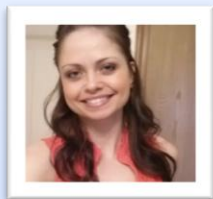
Past president for SAMFC/T:
Katie Wootton , MFT PC-CR
kmw70@zips.ukron.edu

I am currently beginning my third year in the MFT Doc Program. My interests within the field include: play therapy, filial therapy, & parenting issues. I am currently working on my dissertation focusing on play therapy within MFT training. I work as a Graduate Assistant teaching the MFT Pre-Practicum class and assist with the CBT class. I am also teaching at Cleveland State University and working in a private practice in Wadsworth. I look forward to the new academic year and the great changes and events for Delta Kappa Lambda.



Community Involvement Chair: Molly McDowell-Burns MFT, PC-CR
mjm138@zips.uakron.edu

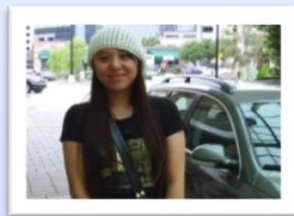
I am a second year MFT doctoral student & I am so excited to be a part of DKL. As the social chair, my role is to plan chapter events as well as community events. I have so many great ideas and look forward to getting everyone involved. I am most excited for community outreach opportunities as I think we truly have something to offer others. My research interests include vulnerable populations, especially juvenile delinquents and foster care youth, and the collaboration among the different service providers involved with these populations.



President Elect:

Megan Vitek
mev20@zips.uakron.edu

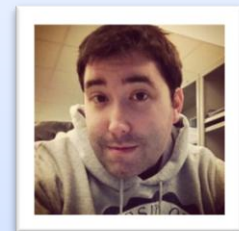
I just finished my masters in Marriage and Family Therapy and am currently a first year doctoral student in the MFT program. I chose to further pursue my education in MFT to expand my skills in counseling & obtain knowledge & skill in the areas of research and teaching. My position on the board is President elect, which means I am in training to be President next year. My responsibilities include helping the vice president and president with any and all duties. I am excited about this great opportunity to get involved and contribute to the development and strengthening of the society.



Vice President:

Yin Luo
yl75@zips.uakron.edu

I am a third year doctoral student in Counseling Education and Supervision of MFT track. My research interests are varied, such as premarital counseling, parenting, adoption, acculturation and etc. In my leisure time, I like hanging out with friends, traveling, reading science fiction novels. I am very honored to be the vice president and I will spare no effort to assist our president and serve our members.



Historian:

Michael Pennington
mwp11@zips.uakron.edu

I am originally from Cincinnati, OH, but I have been up in Akron since starting the Masters program in MFT. I am currently finishing up my master's internship at The Clinic for Individual & Family Counseling and starting my doctoral classes this fall. I am extremely excited for our new transition from SAMFTC into Delta Kappa! As The Historian, I am responsible for publicity, reporting, and recording all Delta Kappa functions. I will also be writing the monthly newsletter with Molly, and taking pictures for all functions and events.

Meet the 2014-2015 DKL board



Treasurer:

Symphonie Smith, MFT, PC
smith20@zips.uakron.edu

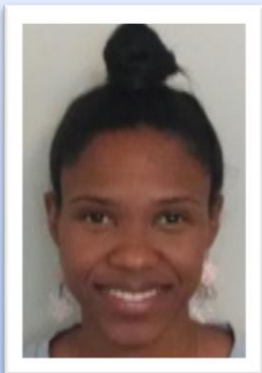
As the treasurer for Delta Kappa Lambda, I am the board member in charge of maintaining the budget for the organization. This includes authorizing any spending and the tracking of all funds credited (i.e. fundraising, dues, fees, etc.) to the organization. When I am not busy with adult life, I really enjoy spending time with family, traveling, any cultural activity, being creative and sleeping! I have a genuine love and respect for people and still find small acts of kindness refreshing



Membership Chair:

Amber Fensler
ana23@zips.uakron.edu

I am a master's student, who is starting my second year in the Marriage and Family Therapy program. This is my first year in the organization and I am very excited to be a part of this exciting new venture. I am is the Membership and Mentorship Chair, which means that I am in charge of the annual membership drive, processing all applications, and managing the mentorship program. The mentorship program is for students who are in need of some guidance and support in their transition to graduate school. The mentors can be second year MFT master's students or PhD students in the MFT Counselor Education and Supervision program. If you want information about how to become a member or become a part of our mentorship program, I am the person to contact.



Secretary:

Noelle Chappelle-Zamudio, MFT, PC-CR
nmc18@zips.uakron.edu

Hello readers! I am so excited to be the 2014-2015 secretary of Delta Kappa Lambda (DKL)! I am a 2nd year student in the Counselor Education & Supervision – MFT Track PhD program. I am also a 2014-15 recipient of the AAMFT/SAMHSA Minority Fellowship Program. I just celebrated my 3rd wedding anniversary and have a wonderful daughter who will be a terrific two year-old at the beginning of the school year. If you wish to serve as one of my committee members, a great addition to one's resume or curriculum vitae, please contact me. Good luck in your studies this school year!



AAMFT Minority Fellowship Program

What is it?

The objectives of the MFP are to expand the delivery of culturally competent mental health and substance abuse services to ethnic minority communities and underserved population and increase the number of doctoral level culturally competent Marriage and Family therapists committed to advancing the mental health interests of ethnic minority communities and underserved populations.

AAMFT has been awarded this grant continuously since 2007 and has supported the training of over 89 doctoral MFT students from across the country. The MFP is Substance Abuse and Mental Health Services Administration's (SAMHSA) premier mental health workforce development training program focused on mental health disparities faced by underserved and minority communities.

What are the requirements?

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AAMFT awards two UA recipients: First in Ohio!

Symphonie D. Smith, MFT, PC

I am beyond excited and grateful to have been chosen as a 2014-2015 AAMFT/MFP fellowship recipient. The program goals for MFP are very much complementary to my professional aspirations, related to servicing underserved populations via, therapy/treatment, education, advocacy and research. I self-identify as an African American female, and a first generation college student from a low-income family background.

Therefore, as my identity affords me membership in several underserved cultural groups, the work encouraged by this fellowship is dear to my heart. In addition to the obvious benefit of financial support from this fellowship, I am utterly thankful for the training opportunities, networking and professional development offered to fellows in this program.

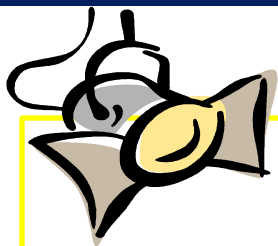
My participation in the MFP will help me become a better multicultural competent therapist, educator, researcher and advocate. Although financial support definitely helps, this manner of preparation will prove to be invaluable to my personal development as a therapist, my contribution to the field and to my future clients and students. Anyone who has a passion for working with underserved populations, multicultural competence, diversity, research and providing substance abuse treatment should definitely consider applying for the AAMFT MFP fellowship!

Friendly FYI: The application process should be taken seriously and prepared for in a timely manner. I am not ashamed to say that I was **NOT** chosen as a fellow the first time I applied so, I want to encourage anyone who is interested to prepare wisely and put your best foot forward. Anyone who has questions about my experience with the application process or my general experience as a fellow, please feel free to contact me anytime at smith20@zips.uakron.edu

Noelle Chappelle Zamudio, MFT, PC-CR

I am very proud to be a recipient of the 2014-2015 AAMFT/SAMHSA Minority Fellowship. This is truly the opportunity of a lifetime as it will allow me tremendous networking, professional development, learning and research opportunities. What also excites me is the chance to obtain mentorship from other MFTs around the nation.

I am eager to expand upon my knowledge base regarding substance use and cultural competency in MFT. Furthermore, I am positive this experience will broaden both my professional and academic horizons and cause me to continue to be creative in my problem-solving and critical thinking abilities. I will be more than happy to share more about the fellowship and the benefits I have obtained from it as the semester wears on. Good luck in your studying!



Presentation Spotlight

AAMFT Conference : October 2014

1. *Cultural activity awareness and substance use among international adoptees:* Yin Luo, Rikki Patton, Ulia Fisher, Symphonie Smith, & Hana Yoo
2. *Substance Use and Intimate Partner Violence among Adolescent Immigrant Mothers:* Dr. Rikki Patton , Yin Luo, Dr. Heather Katafiasz, Ulia Fisher, & Dr. Hana Yoo
3. *Acculturation and Latina victims' formal help-seeking:* Ulia Fisher, Dr. Rikki Patton, Dr. Heather Katafiasz, & Yin Luo
4. *A dyadic analysis of IPV using Bowen and attachment theories:* Dr. Heather Katafiasz

AOCC (All Ohio Counselors Conference): November 2014

1. *Collaboration between service providers for the benefit of court-mandated clients:* Molly McDowell-Burns & Dr. Rikki Patton
2. *Using play therapy skills with children with medical trauma:* Dr. Cynthia Reynolds, Katie Wooton, Rose Resler

Stayed tuned for more in depth explanation about the presentations in the next newsletter.





Upcoming Social Events

Exciting events of 2014/15!

- **October 25th** - Pick Pumpkins at Kingsway Pumpkin farm. 2:00 pm
- MFT community and clinical contribution award ceremony, given to UA MFT students and MFT Professionals.
- Member induction ceremony
- Community service activities, such donation drives and adopt-a-shelter projects
- Spring workshop, featuring a prominent speaker and providing CEUs
- Fun fundraising activities



Delta Kappa International Website Launch

- Delta Kappa International is in the process of launching a MAJOR website renovation, which will include so many exciting features for current students, graduates, and prospective members of Delta Kappa!
- The website will enable members to locate resources, pay their dues, order merchandise, network, and keep their own member information current.
- The website will help you keep up with your membership, induction classes, order honor cords for graduation, as well as showcase members and the activities occurring within your chapter.
- **Follow Delta Kappa Lambda!**
 - Facebook: www.facebook.com/deltakappamft
 - Twitter: @DeltaKappaMFT

